



Dear Brothers and Sisters,

Having the experience of the past years, the Greek SSSIO is organizing the **14th European Sadhana Camp** at Sai Prema, from **Sunday 27<sup>th</sup> of July till Tuesday 5<sup>th</sup> of August 2025**.

The aim of the Camp is to bring together members of the SSSIO from all European countries in order to deepen spiritual practice, enhance mutual exchange and get inspiration for the continuous implementation of Sai teachings in daily life. Moreover, the Camp is an opportunity to spend some beautiful summer days in the ideal atmosphere of Sai Prema.



The theme for this year's Camp is:

**“Love is the Foundation”**

Attached please find the daily programme.

There will be a voluntary contribution for accommodation and meals of 350 euros, to be paid on arrival. Participants have to cover the cost of the taxi from the airport to Sai Prema, which is about 30 €. Please bring your own bed linen and towels.

We kindly ask you to **register by July 15<sup>th</sup> 2025** through this registration form: <https://forms.gle/6tBCFMzpJXiN8e6F8>.

For further information please contact:

❖ George Bebedelis

Phone: +30 6972879208 (WhatsApp)

E-mail: [srgeorge@otenet.gr](mailto:srgeorge@otenet.gr)

❖ Machi Mavromati

Phone: +30 6947492218 (WhatsApp)

E-mail: [machimavromati@gmail.com](mailto:machimavromati@gmail.com)

On behalf of SSSIO GR

Lovingly in Sai,

Machi Mavromati



## 14<sup>th</sup> European Sadhana Camp

**Love is the Foundation**

**Sai Prema, 27<sup>th</sup> July to 5<sup>th</sup> August 2025**

### Daily programme

06.30 – 08.00      Meditation, Morning Prayers, Devotional singing

08.15 – 09.00      Physical Exercise

09.15 – 10.00      Breakfast

10.30 – 13.00      To the beach, field work

-----  
13.30 – 14.30      Lunch  
-----

15.00 – 16.30      Rest

17.00 – 17.30      Fruit

17.30 – 19.30      Study circles - workshops

19.45 – 20.45      Dinner

21.00 – 22.00      Devotional singing, Meditation, Night prayers

22.30                Sleep



**Aum Sri Sai Ram**